ACCESSING SERVICES
All children seen by KCMH staff must first have a screening to determine their eligibility for services. Staff will need to speak with both the child and the parent/guardian of those who are referred for services. You may call 661-868-6751 to inquire.

WHO IS ELIGIBLE
County mental health services are provided to children and adolescents who:

- Are seriously, emotionally disturbed
- Have or are eligible for MediCal or Healthy Families
- Are indigent children
- Are enrolled in Special Education - AB2726

COST OF SERVICES
If a client is eligible for MediCal or Healthy Families, it is likely that services will be covered. Others will be charged a sliding scale based on their ability to pay.

CONSENT FOR TREATMENT
Parental or legal guardian’s consent for mental health treatment must be obtained. If a referral is made by a party other than the parent or legal guardian, i.e. school staff, then that referring party must contact the parent or legal guardian to obtain consent prior to making the referral. Children’s Mental Health Service is a voluntary program.

MISSION Statement
Working together to achieve hope, healing and a meaningful life in the community.

VISION Statement
People with mental illness and addictions recover to achieve their hopes and dreams, enjoy opportunities to learn, work, and contribute to their community.

VALUES Statements
Hope, Healing, Community, Authority
- We honor the potential in everyone
- We value the whole person – mind, body and spirit
- We focus on the person, not the illness
- We embrace diversity and cultural competence
- We acknowledge that relapse is not a personal failure
- We recognize authority over our lives empowers us to make choices, solve problems and plan for the future

EAST BAKERSFIELD COMMUNITY SERVICES DIVISION
Mental Health Administration
2621 Oswell St., Ste 119
Bakersfield, CA
P.O. Box 1000
Bakersfield, CA 93302
661-868-6751
661-872-3001 FAX
Crisis Services 1-800-991-5272

Commission on Accreditation of Rehabilitation Facilities
Kern County Mental Health has been accredited by CARF for the following programs: Mental Health Programs- Case Management; Children and Adolescents-Case Management & Crisis Stabilization; Integrated Alcohol & Other Drugs-Case Management & Children & Adolescents-Case Management; Employment Services-Community employment Services
Types of Mental Health Services

A variety of services may be offered to the child and family based on their needs. We always encourage the child’s parents/guardian to be involved in the treatment of their family member. Services may be offered at our office, the individual’s home, or at the school site.

Available services include:
- Individual and Family Therapy
- Social Skills Groups
- Specialized Groups
- Recovery Specialists Services
- Psychiatric Medical Support
- Confidentiality and Working Together

Individual and Family Therapy

These services vary depending on the need of the individual and the family.

Social Skills Group

Groups held at school sites will focus on some of the following issues:
- Improving social skills
- Increasing self-esteem
- Developing anger management skills
- Developing problem solving skills
- Improving conflict resolution skills

Specialized Groups

Depending on the needs of children and their families, additional Specialized Groups are available, as needed. These may include:
- Children who have been sexually abused or molested
- Grief and loss
- Children whose parents/guardians are experiencing difficulty with substance abuse
- Children’s substance abuse groups
- Parenting support groups

Recovery Specialists Services

Recovery Specialists work with the family to meet basic needs such as food, clothing, shelter, medical care, etc. They may also provide additional mental health services to augment the work of the therapist. The Recovery Specialist also performs case management services and facilitate social skills groups at school sites and at our office.

Psychiatric Medical Support

A board certified child and adolescent psychiatrist evaluates individuals for the appropriateness of medications. Mental Health Nurses work closely with Psychiatrists to provide medication support for individuals and families.

Confidentiality and Working Together

All mental health services are confidential. However, with the written consent of the parent or legal guardian, exchange of information between school personnel and Kern County Mental health will be possible. It is important that the school, family and various social agencies work together to provide as much assistance as possible in order to help our children and their families.