

Kern County Mental Health MHSA Stakeholder Training

Mental Health Services Act Annual Update
FY 2016/2017



Kern County **Mental Health** Department

HOPE. HEALING. LIFE.



Training Objectives

- MHSA History and Purpose
- Being an effective stakeholder
- MHSA Program Components



What is MHSA?

- **The Mental Health Services Act (MHSA) was passed in 2004.**
- **Funding imposed a 1 percent tax on personal income over \$1 million in California.**
- **This tax was provided to Mental Health Departments to reduce:**
 - **Homelessness**
 - **Suicide**
 - **Incarcerations**
 - **School failure or dropout**
 - **Unemployment**
 - **Prolonged suffering**
 - **Removal of children from their homes**



Purpose and Intent of MHSA

- “Failure to provide timely treatment can destroy individuals and families. No parent should have to give up custody of a child and no adult or senior should have to become disabled or homeless to get mental health services.” (Mental Health Services Act)



MHSA Core Values

- Community Collaboration
- Client Driven
- Family Driven
- Cultural Competence
- Wellness, Recovery and Resilience Focused
- Integrated and Coordinated Service Experiences for Clients and Families



Stakeholders

- Community Collaboration is a Core Value of MHSA
- Community stakeholders uphold this value and provide valuable feedback on new and continuing programs available to children, TAY, adults and older adults
- Diversity in location, race/ethnicity, age, occupation, etc. provide a breadth of perspectives to provide meaningful feedback



Stakeholders in 2015 recommended...

- Family Therapy services
 - Services are currently available through children's teams, including Functional Family Therapy.
- Mental health screening for all foster youth
 - This program is currently being implemented through our Children's System of Care
- Youth Mental Health First Aid training for staff
 - Three Kern County Mental Health Staff will attend this training series in Sept. 2016



Stakeholders in 2015 recommended...

- Services for LGBTQ and transitioning persons
 - The Children's System of Care is in the process of developing a curriculum designed to work with youth during this sensitive time
- Housing Services
 - In FY2015/2016, Kern County Mental Health implemented the Housing Team, which train and certifies congregate placement, sober living and other housing facilities for client residence.



Why MHSA?

- According to the National Alliance on Mental Illness (NAMI)
 - Approximately 1 in 5 adults in the U.S. experience mental illness in a given year.
 - Approximately 1 in 5 youth aged 13 – 18 experience a severe mental disorder at some point during their life.
 - Approximately 13 percent of youth aged 8 – 13 experience a severe mental disorder during their life.



How MHSA Works

MHSA funding is separated into multiple components:

- Community Services and Supports
- Prevention and Early Intervention
- Innovation
- Capital Facilities and Technology Needs
- Workforce Education and Training



Community Services and Supports

The majority of funding resides in the CSS component which includes four types of programs:

- Full Service Partnerships
- General System Development



Full Service Partnerships

- Youth Multi-Integrated Services Team (MIST)
- Youth Wraparound
- Transitional Age Youth (TAY)
- Adult Transition Team/Homeless Adult Team
- Assertive Community Treatment (ACT)
- Wellness, Independence and Senior Enrichment (WISE)



General System Development

- Adult Wraparound
- Outreach and Education
- Consumer Family Learning Centers
- Recovery and Wellness Centers
- Self-Empowerment Team
- Access and Assessment Center
- Crisis Hotline



Outreach and Education

- Several MHSA programs engage and educate potential responders of mental health care
- Potential responders include: families, employers, primary health care providers, homeless persons, law enforcement, people who provide mental health care, faith and community-based organizations, etc.



Prevention and Early Intervention

- The PEI component is comprised of 20 percent of all MHSA funds received by Kern County.
- Programs are identified as one or more of the following:
 - Prevention
 - Early Intervention
 - Access and Linkage to Treatment
 - Stigma and Discrimination Reduction
 - Outreach for Increasing Recognition of Early Signs of Mental Illness
 - Suicide Prevention



Prevention and Early Intervention

- Project Care
- Volunteer Senior Outreach Program (VSOP)
- TAY Career Development
- Youth Brief Treatment
- Risk Reduction Education & Engagement Accelerated Alternative Community Behavioral Health (REACH)
- Foster Care Engagement
- Youth Wraparound Engagement



Innovation

- The Innovation component is comprised of up to five percent of funds allocated from the PEI and CSS budget components.
- Innovative programs are designed to develop new mental health approaches or applying known practices to new populations or communities.
- Innovative programs can be funded for up to five years.



Innovative Programs in Development

- Special Needs Registry Project – Smart 911
- The Healing Project – A Recovery Station and Housing First model
- Recovery Supports Transportation Project



Workforce Education and Training

- Counties may dedicate up to 10 percent of CSS component funds to WET. Funds are dedicated to supporting and enhancing the following:
 - Training and Technical Assistance
 - Internship Support Program



Workforce Education and Training

- State WET funds are utilized through the Office of Statewide Planning and Development (OSHPD) and Southern California Regional Partnership (SCRIP)
 - Mental Health Loan Assumption Program
 - Mental Health Interpreter Training Series



Capital Facilities and Technology

- Capital Facilities supports infrastructure by allowing the purchase, renovation, building, etc. for the purposes of providing MHSA services.
- Technological Needs includes updating or changing technological equipment or incorporation of electronic health records, etc. to support the County's mental health system.



Now that you're familiar with MHSA...

We want your feedback!

The Kern County Mental Health MHSA Annual Update 30-day Review will begin in October 2016.

Continue for Stakeholder Opportunities..



Upcoming Stakeholder Meeting Opportunities

- 10th Annual Recovery Conference
 - Oct. 7, 9 a.m. – 3 p.m., Marriott Hotel
- Wasco Community Collaborative
 - Oct. 13, 9 a.m., 1950 Palm Avenue
- KCMH Stakeholder Meeting
 - Oct. 14, 10 a.m., 2001 28th St. Bakersfield



Upcoming Stakeholder Meeting Opportunities

- Mojave Veteran's Hall
 - Oct. 11, 10:30 a.m., 15580 O Street
- Tehachapi Veteran's Hall
 - Oct. 13, 2:30 p.m., 221 W. Tehachapi Blvd.
- Kern River Valley Veteran's Hall
 - Oct. 18, 3 p.m., 6405 Lake Isabella Blvd.