



# REVVING UP PPPPP

for the

# HERE

for Health Pit Stop



Not everyone makes their mental health a priority.  
Now, we're making it easy for you take care of **BOTH** your mental  
and physical health at our one-stop event.

## THURSDAY

May 20

9 a.m. – Noon

3201 F St. enter from 30<sup>th</sup> Street

Masks and social distance guidelines will be followed



- ▶ Free health screenings
- ▶ Mental health & substance use community resources
- ▶ Medi-Cal, Covered California, Medicare and CalFresh resources & application assistance
- ▶ Food box distribution  
*Limited amount available*
- ▶ Family friendly

Hosted by



In collaboration with



**Dignity Health**  
Mercy & Memorial Hospitals



**BEHAVIORAL  
HEALTH & RECOVERY  
SERVICES**